

Lake Merritt United Methodist Church

An Inclusive Christian Community of Oakland



LAKE PARK

UNITED METHODIST CHURCH

IN JOINT FELLOWSHIP

Sustaining a vibrant and growing congregation through Christian spiritual transformation, making our work and the church relevant and visible.

(510) 465-4793 www.lakemerrittumc.org
1255 First Avenue Oakland, CA 94606

Bread, Bath and Beyond
Pentecost Series



"Beyond the Anticipation"

Rev. Sunae Frances Cho, *Pastor*

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July 10, 2022
Fifth Sunday after Pentecost
CELEBRATION OF DIVINE WORSHIP

WELCOME

Rev. Jojo Gabuya, *Guest Preacher*

INTROIT

"Great is Thy Faithfulness"

arr. Mark Hayes

OPENING PRAYER (*unison*)

*Loving God, I come to you as I am,
Rushed and frazzled, electricity buzzing from my fingertips,
Or sluggish, plodding through the mud, footsteps heavy and slow.
Whatever my pace, I have arrived at this precise moment with you.*

*Lord Jesus, I rest in the knowledge that you will meet me here,
At the crossroads of sorrow and joy,
Of confusion and clarity,
Of stress and serenity.*

*Heavenly God, help me to pause.
To listen, and pray, and sit in the quiet
With you, my song blending with yours
In beautiful harmony*

*God of love, I pray for the inspiration to put away my own plans,
And discover what you have in mind for me.*

I am listening, I am here with you.

I will be present.

I will just BE.

(adapt) Sheri Dursin

OPENING SONG Come and Find the Quiet Center TFWS 2128

1. *Come and find the quiet center in the crowded life we lead.
Find the room for hope to enter find the frame where we are freed.
Clear the chaos and the clutter, clear our eyes that we can see
All the things that really matter be at peace and simply be.*
2. *Silence is a friend who claims us, cools the heat and slows the pace.
God it is who speaks and names us knows our being touches base.
Making space within our thinking, lifting shades to show the sun.
Raising courage when we're shrinking, finding scope for faith begun.*
3. *In the Spirit let us travel, open to each other's pain.
Let our lives and fears unravel, celebrate the space we gain.
There's a place for deepest dreaming there's a time for heart to care
In the Spirit's lively scheming there is always room to spare.*

SCRIPTURE

Jeremiah 29: 11-13 (NRSV)

For surely I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope. Then when you call upon me and come and pray to me, I will hear you. When you search for me, you will find me; if you seek me with all your heart,

RESPONSE_[VIDEO]

“Trust In You”

by: Lauren Daigle

SERMON

“Living – Beyond the Anticipation”

Rev. Jojo Gabuya

RESPONSE_[VIDEO]

Oceans (Where Feet May Fail)

Hillsong United & Yahweh (God) In Motion Dance Studio & Company

PRAYERS & GRATITUDES

THE LORD’S PRAYER

Ecumenical Version (UMH 894)

*Please feel free to use the name of your choice for God that speaks to your soul.

Our *Creator in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

HOLY COMMUNION

PRAYER OF CONFESSION & RESOLVE *(unison)*

God of yesterday, God of tomorrow, God of this very moment; we confess that we often waste our energy worrying about things over which we have very little control. Help us to remember that we cannot add a single moment to our lives by worrying about the future, and that worrying about the future keeps us from living fully in the present. Help us to trust in your love and goodness. In Jesus' name we pray, Amen.

gnjumc.org

SILENCE IS KEPT FOR PRAYERS OF CONFESSION AND HOPE

ASSURANCE OF GRACE *(responsive)*

Let us receive the Good News my dear siblings:

Lord, some days it can be hard to see our way forward. What will tomorrow hold? What will next year hold? In our world, or in our lives? We don't know. But You are the God who knows tomorrow. You know every high and every low. There may be things we fear, but even in those things, You still promise a future and a hope. We have the hope of eternal life, the very best future. You brought us so great a salvation through so great a Saviour. We find our hope in Him!

How much better to have Jesus and suffer in this world than to be without Him and gain the world with all its comforts. He is our hope, even in darkest days, for a future far brighter than what we can hope for in this life. With You, in this life, Lord, we have hope for even the darkest day, for You are our life, our light, our great comfort and confidence, and You have our well-being at heart.

Keep our eyes fixed on Christ;

Keep our eyes fixed on eternity.

In Jesus' name we are forgiven.

We pray this in His great name. Amen.

Alexander Scott (adapted)

PASSING THE PEACE OF CHRIST

*As forgiven people living in the season of Spiritual transformation,
let us share peace with our siblings in the world!*

SHARING THE BREAD AND THE CUP OF CHRIST

OFFERING

THANKSGIVING SONG

We Bring the Sacrifice of Praise TFWS 2031

*We bring the sacrifice of praise, into the house of the Lord.
We bring the sacrifice of praise, into the house of the Lord.
And we offer up to you the sacrifices of thanksgiving.
And we offer up to you the sacrifices of joy.*

LIVING AS THE CHURCH

CLOSING SONG Great is Thy Faithfulness UMH 140

- 1. "Great is Thy faithfulness," O God my Father,
There is no shadow of turning with Thee;
Thou changest not, thy compassions, they fail not
As Thou hast been Thou forever wilt be.
"Great is Thy faithfulness!" "Great is Thy faithfulness!"
Morning by morning new mercies I see;
All I have needed Thy hand hath provided—
"Great is Thy faithfulness," Lord, unto me!*
- 2. Summer and winter, and springtime and harvest,
Sun, moon and stars in their courses above,
Join with all nature in manifold witness
To Thy great faithfulness, mercy and love.*
- 3. Pardon for sin and a peace that endureth,
Thine own dear presence to cheer and to guide;
Strength for today and bright hope for tomorrow,
Blessings all mine, with ten thousand beside!*

CLOSING PRAYER *(unison)*

*Dear God, we spend so much time reliving yesterday or anticipating tomorrow
that we lose sight of the only time that is really mine, the present moment.
You give today one moment at a time.
That's all we have, all we ever will have.*

*Give the faith which knows that each moment contains exactly what is best for us.
Give the hope which trusts You enough to forget past failings and future trials.
Give the love which makes each moment an anticipation of eternity with You.
We ask this in the name of Jesus Who is the same yesterday, today and forever. Amen.*

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POSTLUDE How Majestic is Your Name arr. Mark Hayes