

Lake Merritt United Methodist Church

An Inclusive Christian Community of Oakland



LAKE PARK

UNITED METHODIST CHURCH

IN JOINT FELLOWSHIP

Sustaining a vibrant and growing congregation through Christian spiritual transformation, making our work and the church relevant and visible.

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The Open Cup

Rev. Sunae Frances Cho, *Pastor*

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Jim Meredith, *Music Director*

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October 16th, 2022
Nineteenth Sunday after Pentecost
CELEBRATION OF DIVINE WORSHIP

WELCOME

Rev. Sunae Cho, *Pastor*

INTROIT

Fill My Cup, Lord

LMUMC Bell Choir

OPENING PRAYER [UNISON]

Ron Fujie

All: Oh God;

Give us strength to live another day;

Let us not turn coward before its difficulties or prove recreant to its duties;

Let us not lose faith in other people;

Keep us sweet and sound of heart, in spite of ingratitude, treachery or meanness;

Preserve us from minding little stings or giving them;

Help us to keep our hearts clean and to live so honestly
and fearlessly that no outward failure can dishearten us

or take away the joy of conscious integrity;

Open wide the eyes of our souls that we may see good in all things;

Grant us this day some new vision of thy truth;

Inspire us with the spirit of joy and gladness and

make us the cup of strength to suffering souls;

in the name of the strong Deliverer, our only Lord and Savior, Jesus Christ. Amen.

Stpaulswinona.org(adapt)

OPENING SONG

(Please stand if able)

Christ, from Whom All Blessings Flow UMH 550 verses 1,2,5 [Organ]

1. Christ, from whom all blessings flow,
perfecting the saints below,
hear us, who thy nature share,
who thy mystic body are.

2. Join us, in one spirit join,
let us still receive of thine;
still for more on thee we call,
thou who fillest all in all.

5. Many are we now, and one,
we who Jesus have put on;
there is neither bond nor free,
male nor female, Lord, in thee.

CHILDREN'S MOMENT

Margaret LeWright

SCRIPTURE

Matthew 6:6 (MSG)

Ron Fujie

“Here’s what I want you to do: Find a quiet, secluded place so you won’t be tempted to role-play before God. Just be there as simply and honestly as you can manage. The focus will shift from you to God, and you will begin to sense his grace.

Philippians 2:1-11 (MSG)

If you’ve gotten anything at all out of following Christ, if his love has made any difference in your life, if being in a community of the Spirit means anything to you, if you have a heart, if you care – then do me a favor: Agree with each other, love each other, be deep-spirited friends. Don’t push your way to the front; don’t sweet-talk your way to the top. Put yourself aside, and help others get ahead. Don’t be obsessed with getting your own advantage. Forget yourselves long enough to lend a helping hand.

Think of yourselves the way Christ Jesus thought of himself. He had equal status with God but didn’t think so much of himself that he had to cling to the advantages of that status no matter what. Not at all. When the time came, he set aside the privileges of deity and took on the status of a slave, became human! Having become human, he stayed human. It was an incredibly humbling process. He didn’t claim special privileges. Instead, he lived a selfless, obedient life and then died a selfless, obedient death – and the worst kind of death at that – a crucifixion.

Because of that obedience, God lifted him high and honored him far beyond anyone or anything, ever, so that all created beings in heaven and on earth – even those long ago dead and buried – will bow in worship before this Jesus Christ, and call out in praise that he is the Master of all, to the glorious honor of God the Father.

RESPONSE

More Precious Than Silver TFWS 2065 (Sing 2x)

**Lord, You are more precious than silver;
Lord, You are more costly than gold;
Lord, You are more beautiful than diamonds;
And nothing I desire compares with you.**

SERMON

“The Open Cup”

Rev. Sunae Cho, *Pastor*

PRAYERS & GRATITUDES

THE LORD’S PRAYER

Ecumenical Version (UMH 894)

*Please feel free to use the name of your choice for God that speaks to your soul.

Our *Creator in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive

those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

PASSING THE PEACE OF CHRIST

Let us offer one another signs of peace and love.

LIVING AS THE CHURCH

OFFERING

THANKSGIVING SONG **Fill My Cup, Lord** UMH 641 (Sing 2x)

Fill my cup, Lord
I lift it up, Lord
Come and quench this thirsting of my soul
Bread of Heaven, feed me 'til I want no more
Fill my cup, fill it up and make me whole

CLOSING SONG **Crown Him with Many Crowns** UMH 327 verses 1,3,4 [*Organ*]

(Please stand if able)

1. Crown him with many crowns,
the Lamb upon his throne,
Hark! how the heavenly anthem drowns
all music but its own.
Awake, my soul, and sing
of him who died for thee,
and hail him as thy matchless King
through all eternity.

3. Crown him the Lord of peace,
whose power a scepter sways
from pole to pole, that wars may cease,
and all be prayer and praise.
His reign shall know no end,
and round his pierced feet
fair flowers of paradise extend
their fragrance ever sweet.

4. Crown him the Lord of love;
behold his hands and side,
those wounds, yet visible above,
in beauty glorified.
All hail, Redeemer, hail!
For thou hast died for me;
thy praise and glory shall not fail

throughout eternity.

CLOSING PRAYER [UNISON]

Ron Fujie

All: May the Lord bless you and keep you.
May God's face shine upon you
and be gracious unto you.

May God give you the grace
never to sell yourself short;
grace to risk something big
for something good;

grace to remember that the
world is too dangerous
for anything but truth and
too small for anything but love.

So, may God take your minds
and think through them;
may God take your lips
and speak through them;
may God take your hearts
and set them on fire.

May it ever be so. Amen

William Sloane Coffin

POSTLUDE

Toccata

David Paxton